
The Application of Spiritual Well-Being in Developing Sustainable Virtue for Inner, National, and Global Peace (Wisdom-Morality-to-Peace Model)

Khosit Elvezio Kasikam

Labour Specialist, Professional Level Learning Center for Spiritual Well-Being and Morality, Anti-Corruption Operations Center, Office of the Permanent Secretary, Ministry of Labour, Thailand

ABSTRACT

This academic article proposes an integrative model entitled “Wisdom-Morality-to-Peace” to explain the mechanism through which inner human development leads to moral cultivation and sustainable peace. The model was developed from the application of the concept of “Spiritual Well-Being” in driving the Moral Organization initiative of the Office of the Permanent Secretary, Ministry of Labour, which further inspired the establishment of the “Learning Center for Spiritual Well-Being and Morality”. The conceptual synthesis suggests that moral development grounded in self-awareness, reflective contemplation, and environments that support spiritual growth can foster transformation at the individual level, extend into organizational culture, and contribute to peacebuilding at multiple levels of society. The article pursues three major objectives: (1) to propose the “Wisdom-Morality-to-Peace” model as a conceptual framework explaining the interrelationship among wisdom, morality, and peace; (2) to systematize spiritual well-being into “three dimensions and 18 components,” namely Knowing Oneself (inner wisdom/ self-realization), Thinking Wisely (cognitive-moral process), and Living Together (harmonious coexistence); and (3) to propose use of the “Eight Pathways to Happiness” as a practical mechanism for translating theory into human development in everyday life. This study employs conceptual analysis and synthesis drawn from Buddhist studies, psychology, and social sciences. The conceptual synthesis indicates that although substantial scholarship exists on morality, well-being, and peace, there remains a lack of an integrated framework capable of systematically explaining the linkage between inner transformation and social outcomes. Existing approaches to public sector moral promotion have largely emphasized external behavioral regulation rather than the cultivation of consciousness and inner wisdom. The synthesis proposes that spiritual well-being constitutes a foundational basis for sustainable moral development, in which the 18 components interact dynamically in a spiral process moving from inner wisdom and cognitive-moral process toward peace at both internal and external levels. Simultaneously, the “Eight Pathways to Happiness” function as a learning ecosystem applicable from the individual level to public policy and society. This article therefore contributes both theoretically and practically by integrating spiritual well-being, morality, and peace into a coherent framework and proposing an inward-oriented approach to human development that can lead to a moral and peaceful society in a sustainable manner.

Keywords: Spiritual Well-Being, Morality, Inner and Global Peace, Human Development, Sustainability